

contraceptives 001

by Effects Effects

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Effects of Contraceptives

Research on the immediate health impacts of contraceptives on young adults should be done at length. Most hormonal birth control methods have side effects that mirror pregnancy symptoms; some of the symptoms include dizziness, nausea, vomiting, and in some cases, weight gain (Gotter, 2018). Along with the immediate side effects, young adults may be subject to graver health conditions later in life. Some studies suggest that contraceptives reduce the risks of getting certain cancers and increase the chances of getting cardiovascular diseases (NCBI, 2021); there needs to be a unifying study. The study of immediate health effects will be useful among the young population to know which birth control methods work best for them and diffuse the panic that usually comes after experiencing “pregnancy symptoms”. In this short essay, I will delve briefly into what I would like the research project to analyze regarding contraceptives.

What are the benefits and the dangers associated with the use of contraceptives by sexually active Teenagers? It is a question that has long puzzled young adults. Shedding light on the same will be critical in explaining some concepts to the general public about the dangers and benefits of consistent use of contraceptives among sexually active teenagers.

On one of my shifts, I had a young patient who came in scared that she might be pregnant even though she was under contraceptives. She had missed her periods and had gained some weight, and was often feeling dizzy. The patient also complained of headaches and nausea that are associated with the early stages of pregnancy. After analysis, to her relief, the test was negative. The experience made me realize that most youth and parents are not aware of the various side effects of contraceptives on the human anatomy. As a result, there needs to be extensive research on the topic together with public awareness.

Most youths are currently using contraceptives, but most of the said populations do not understand the various types of contraceptives available and the effect of the contraceptives on their bodies. With the research on the impact of contraceptives on the body of young adults, the affected population can be guided on the alternative or safer method of birth control. At the end of the research, I wish to find out the safest way of birth control that has a less severe impact on the young bodies using birth control.

The qualitative study aims to critically analyze the effect of contraceptives on young adults of age (13-22) years in the United States (Dallas, Texas). The study will critically examine the short and long-term effects of different contraceptives on the affected population. The importance of this research project, if done, cannot be discussed in one sitting. Shedding light on the effects of consistent use of contraceptives is vital to understanding the risks and the benefits of contraceptives.

References

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FINAL GRADE

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GENERAL COMMENTS

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